

## Year 1, Lesson 1 – Worksheet

Learn the Hidden Word:

“O MY FRIEND IN WORD!

Ponder awhile. Hast thou ever heard that friend and foe should abide in one heart? Cast out then the stranger, that the Friend may enter His home.”



*Shaykh Ahmad helped people.*

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Write down (or get someone to write for you) how you helped at home:

I helped by \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

‘Abdu’l-Bahá said:

“Be true and loving friends to all the people...”

Remember:

Even if someone is horrible to you, offer him or her friendship.