

## CAUSES OF BACKBITING

- Coping mechanism
- Insecurity
- Jealousy
- Lack of communication
- Inferiority
- Power and acceptance
- Lack of awareness
- Guilt
- Habit
- Entertainment
- Even out of love
- Unfulfilled potential

From Arnold Nerenberg, *Love and Estrangement in the Bahá'í Community*  
(Kalimat Press, Los Angeles, no date) pp. 66-78