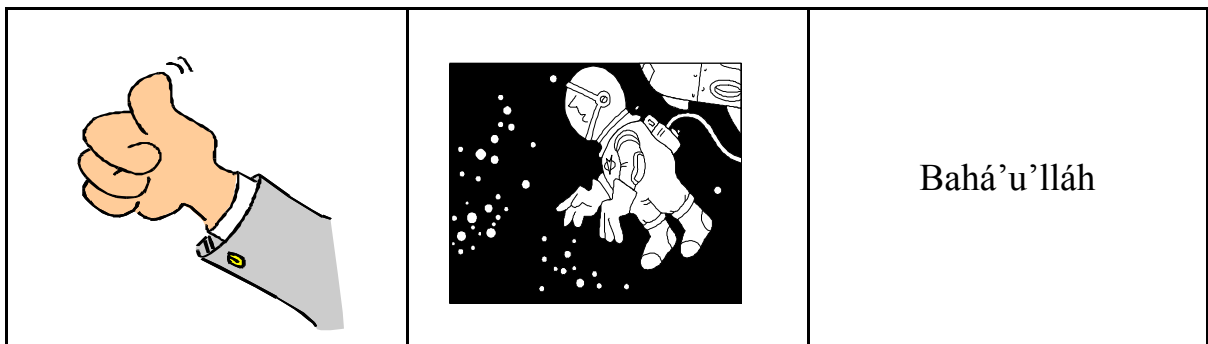
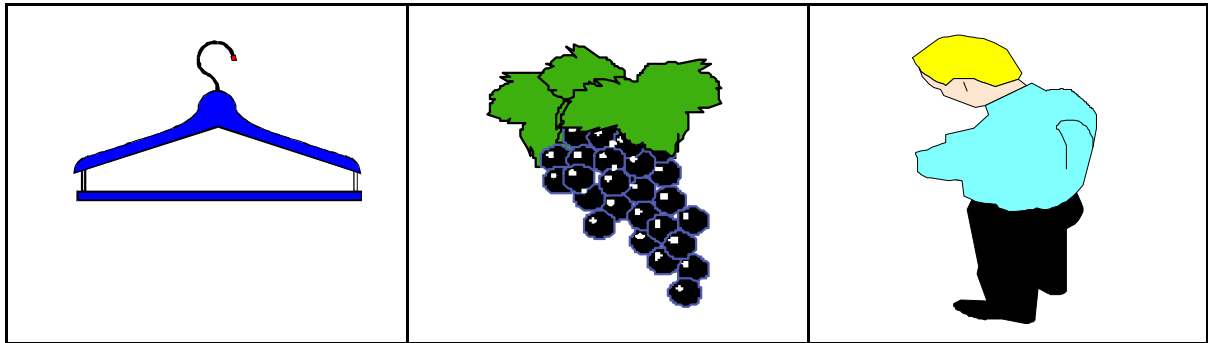
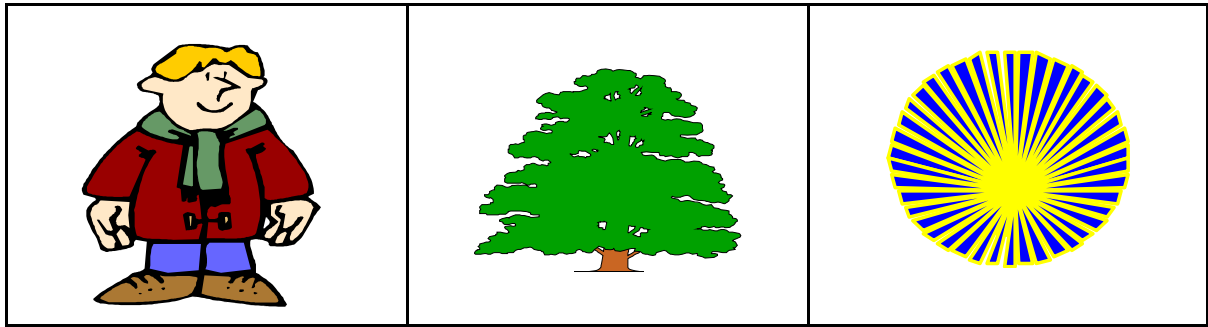


Goal : To pray, meditate, and study the Writings more.

Its very good for us to learn extracts from the Writings. Then where-ever we are we can 'recite the verses of God every morn and eve'. Cut out these cards and use the pictures to help you memorise the words on the other side.



On the next two pages is a poster of the short obligatory prayer. Bahá'ís say this prayer every day. First, wash your hands and face. Turn towards Akká (ask an adult which way to turn) and with a pure heart recite the prayer. You could stick it on your bedroom wall and colour in a letter every time you remember.

Memorise this Hidden Word

3	2	1
of effulgent glory	Upon the tree	O Son of Man!

6	5	4
wherefore hast thou turned away	the choicest fruits,	I have hung for thee

9	8	7
Return then	with that which is less good?	and contented thyself

12	11	10
Bahá'u'lláh	in the realm on high.	unto that which is better for thee