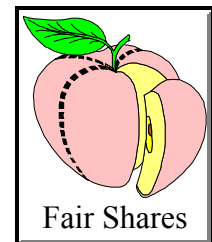
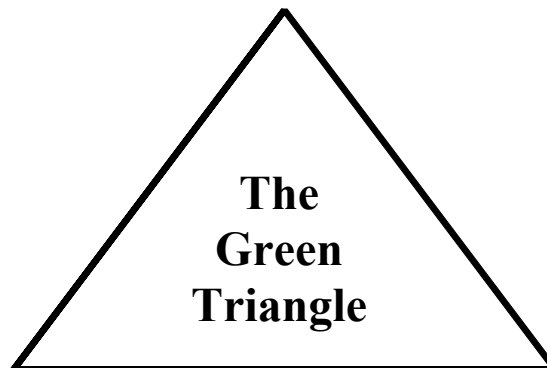
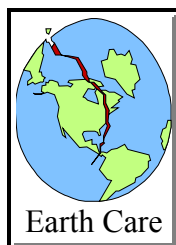
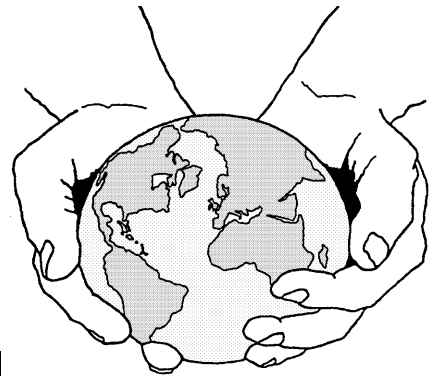


# Caring for our Planet

**Try checking everything you do on the green triangle.**

Think of something you are planning to do, and ask yourself:

- 1) Is it healthy for me and for other people?
- 2) Is it wasting a lot of materials and resources?
- 3) Is it fair to everybody? (Including people in other parts of the world.)



**Think about these with a friend:**

(What are all the effects of our choices? There can be more than one correct answer.)

- 1) If I had a choice, what would be the best way to get to the shops:  
a) walk      b) cycle      c) bus      d) ask for a special lift in the car?
- 2) If I had a choice, what would be best for a snack:  
a) apple      b) chocolate bar      c) crisps      d) bread?
- 3) If I had a choice, which would be better to heat my bed on a cold night:  
a) electric blanket      b) hot water bottle?
- 4) When peeling the potatoes, what is the best thing to do with the peel:  
a) burn it      b) put it in the bin      c) put it on the compost heap?
- 5) When going shopping is it better to:  
a) use the plastic bags given away free      b) take a bag from home?
- 6) To blow your nose, is it better to use  
a) tissues      b) a hanky?