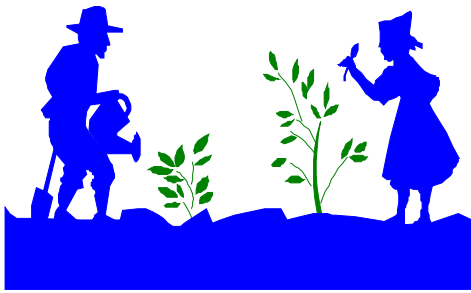


You can help!

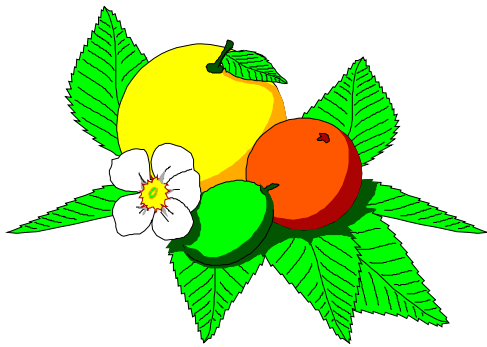
One of the problems is that in this country we do not produce many of the things we need. For example, we buy in a lot of fruit and vegetables from the poorer countries, where the people need that food for themselves.

Here are some things you can do:

Take an area of your garden and use it to make a vegetable plot.



Plant a fruit tree, and maybe some fruit bushes: raspberry, gooseberry or blackcurrant. (Yumm yumm!!)



Another problem is that instead of growing our own trees, we have been buying wood from other countries. We need more trees in this country so that we don't have to buy from abroad, and this will protect the trees in other countries and add to the world's total tree cover.

Plant a tree. If you plant trees it will help to replace the ones that are being cut down. You could plant in your garden, or ask about a patch of ground nearby.

